











The Art of Cuisine

Sample Vegetarian Menu

These are only some of the menu choices, because Chef Linda has thousands of recipes. You will not get the same recipe for a year, unless you request a recipe to be made again. Most recipes can be made low fat.



<i>Gourmet Prepared Meals such as...</i>	Baked Polenta with Mushroom Ragout Layers of polenta, filled with a rich mushroom ragout and topped with parmesan cheese. Served with an Italian Garden Salad.
	
<i>Gourmet Prepared Meals such as...</i>	Black Bean Lasagna Rolls Southwestern Black beans with Ricotta Cheese rolled into Lasagna Noodles. Served with a Garden Salad.
	
<i>Gourmet Prepared Meals such as...</i>	Cheese Enchiladas Tradition Mexican Corn Tortilla Cheese Enchiladas Served with a Garden Salad.
	
<i>Gourmet Prepared Meals such as...</i>	Veggie Burritos Black Beans Burritos with Corn, Onion, Green Bell Pepper, Garlic and Jalapeno served with Mexican rice.
	
<i>Gourmet Prepared Meals such as...</i>	Spaghetti and Marinara Sauce ***Most Requested Item*** Just like it sounds! This meal comes with your choice of pasta noodles rice, whole wheat and regular spaghetti noodles and topped with a homemade marinara sauce that will have you asking for more. Served Italian Cheese Bread.
	
<i>Gourmet Prepared Meals such as...</i>	Creamy Vegetable Pot Pie Vegetable Medley served in a Rosemary Sherry Cream Sauce topped with a Dill Crust and served with a garden salad on the side.
	
<i>Gourmet Prepared Meals such as...</i>	Vegetarian Chili This tasty chili is made with Tofu Crumbles is made with red kidney beans, peppers, tomatoes, onions and garlic! Optional: shredded cheddar, sour cream, chopped onions, and avocado left separate for you to add and served with homemade cornbread muffins.
	
<i>Gourmet Prepared Meals such as...</i>	Eggplant with Picante Tomato sauce Sautéed Eggplant in a Spicy Italian Tomato Sauce served over Fusilli Pasta and garnished with Parmesan Cheese and swerved with a garden salad on the side.
	
<i>Gourmet Prepared Meals such as...</i>	Ratatouille with Pasta *** Most Requested Item** Baked Eggplant and Zucchini in an Italian Tomato Pesto Sauce served over Brown Rice Pasta or regular pasta! Served with Italian Rolls.
	
<i>Gourmet Prepared Meals such as...</i>	Portabella Mushroom Stew A savory stew of portabella and white mushrooms and served with a garden salad on the side.
	
<i>Gourmet Prepared Meals such as...</i>	Ravioli served with a Wild Mushroom Cream Sauce ***Most Requested Item*** Mushroom and Cheese Raviolis served in a creamy wild mushroom sauce that is made with several mushrooms and wine and herbs. Served with dinner rolls and garden salad. This meal makes a nice presentation for guest.













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<i>Gourmet Prepared Meals such as...</i>	<p>Tuscan Vegetable Gnocchi Soup***Most Requested Item*** Italian vegetable soup that has lots of veggie and gnocchi served with a mouth watering lightly creamy vegetable broth. This soup will have you asking for more. Served with rolls and garden salad.</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Vegetarian Lasagna***Most Requested Item*** Lasagna layered with a Spinach Ricotta, Vegetable and Tomato Sauce, Béchamel finished with Parmesan Cheese. Served with dinner rolls and salad.</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Baked Portobello Mushroom Baked Portobello Mushroom Parmesan with a tomato marinara sauce, served with herbed pasta and dinner rolls.</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Vegetarian Shepherd's Pie Green Beans, Peas, Corn, Carrots, Onions, and Kidney Beans in a chunky Tomato Sauce topped with Garlic Basil Mashed Potatoes and Cheddar Cheese . Served with dinner rolls</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Vegetable Curry***Most Requested Item*** This is a mouth watering. A mélange of vegetables in a piquant Thai red curry sauce <i>Jasmine Rice</i></p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Home Italian Style Pizza With this dish, Chef Linda will bring you back to Italy. Choose from the many varieties of toppings and sauces. Its pizza made as you like it. Examples: grilled veggies, red sauce; or creamy roasted garlic sauce, red onions, and sun dried tomatoes.</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Zucchini Chimichangas Mexican seasoned filling made with Zucchini, Green Chile, Onion and Cheddar Cheese rolled inside a Flour Tortilla, served with Santa Fe Beans and Rice.</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Vegetarian Manicotti Sautéed Veggies, Ricotta and Mozzarella filled Pasta topped with Tomato Sauce and Cheese.</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Spinach Pie Greek-style dish with spinach and feta cheese and a golden phyllo topping and served with Thyme Mushrooms</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Tortilla Soup This hearty, low fat soup, which is suitable on warm spring days as well as cold winter nights, has been one of our family's favorites. This soup is a perfect starter for a grilled summer meal!</p>
	
<i>Gourmet Prepared Meals such as...</i>	<p>Tuscan Vegetable Soup with white Tuscan Beans This soup is one of the Chef's favorite soups. It is garden fresh vegetables, Northern Italian White beans, and pasta, and has a delicious light herb broth. Served with garlic Italian bread.</p>
	

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